



Tortellini Salad

Ingredients

1 pound refrigerated cheese tortellini
1 pint cherry tomatoes, halved
1 medium cucumber, peeled and chopped
6 ounces black olives
6 ounces feta cheese, crumbled
1/2 cup Italian dressing

Instructions

- Cook the tortellini according to package instructions. Drain well and transfer to a large bowl.
- Add the tomatoes, cucumber, black olives, and feta cheese to the tortellini.
- Pour in the Italian dressing and stir until well combined.
- Serve immediately or cover and store in the refrigerator for up to five days.
- You can make your own Italian dressing by mixing these ingredients together:

6 tablespoons olive oil
2 tablespoons red wine vinegar
1/2 teaspoon dried basil
1/2 teaspoon dried parsley
1/2 teaspoon garlic powder
1/4 teaspoon onion powder
1/2 teaspoon salt
1/4 teaspoon ground black pepper
1 teaspoon sugar

NUTRITION PER SERVING (BASED ON 8 SERVINGS): CALORIES: 400 | CARBOHYDRATES: 30G | PROTEIN: 10G | FAT: 20G | FIBER: 3G

ADAPTED FROM: ADD A PINCH