



Cheerio Treats

Ingredients

- 2 tablespoons unsalted butter
- $\frac{3}{4}$ cup peanut butter
- 1 (10 oz) bag mini marshmallows
- 6 cups plain Cheerios
- $\frac{1}{2}$ cup mini chocolate chips (optional)

Instructions

- Spray a 9x13 glass baking dish with cooking spray. In a large saucepan over medium heat, melt the butter and peanut butter.
- Add the marshmallows and melt them down. Just as the marshmallows dissolve into the peanut butter, pour in the Cheerios and stir it all together, making sure all the Cheerios are coated in the mixture.
- Transfer the Cheerios to the prepared baking dish and spread evenly. Sprinkle the chocolate chips over the top and gently press them in.
- Let sit for 10 minutes to set and cool, then serve!

NUTRITION PER SERVING (BASED ON 16 SERVINGS, WITHOUT CHOCOLATE CHIPS): CALORIES: 270 | CARBOHYDRATES: 45G | PROTEIN: 7G | FAT: 10G | FIBER: 4G

ADAPTED FROM: NEVER SKIP DESSERT